

Family and Consumer Sciences Overview for STAR Events Evaluators

An integral criteria of many of the Family, Career and Community Leaders of America STAR Events is the correlation of the STAR Event to Family and Consumer Sciences curriculum. Therefore, evaluators are encouraged to review the following overview of Family and Consumer Sciences education.

In our ever changing world, our children are faced with many new challenges. It is through Family and Consumer Sciences education that students learn how to take on many of these challenges. Family and Consumer Sciences is about learning

- who you are,
- what you stand for,
- what you believe in,
- how to be healthy,
- how to take care of yourself, both at home and in the workplace,
- how to deal with their own intergenerational family,
- and how to prepare themselves for a possible future family through learning about child development and parenting skills.

The focus of the Academic Standards for Family and Consumer Sciences education is the individual, the family and the community. Family and Consumer Sciences National Standards provide guidelines for developing programs that give students the opportunity to acquire knowledge, skills, attitudes, and behaviors for family life, work, and careers in sixteen areas of study.

- Career, Community, and Family Connections
- Consumer and Family Resources
- Consumer Services
- Early Childhood, Education, and Services
- Facilities Management and Maintenance
- Family
- Family and Community Services
- Food Production and Services
- Food Science, Dietetics, and Nutrition
- Hospitality, Tourism, and Recreation
- Housing, Interiors, and Furnishings
- Human Development
- Interpersonal Relationships
- Nutrition and Wellness
- Parenting
- Textiles and Apparel